



Your Health Information, Your Choice

Understanding Your Right to Opt Out of the Health Information Exchange

What is the Health Information Exchange?

GRACHIE operates a secure network that allows your participating healthcare providers to share your health records with each other. This supports coordinated, informed care, especially in emergencies or when you see multiple providers.

You Have the Right to Opt Out

You can choose to stop your health information from being shared through GRACHIE at any time. You can also change your mind and opt back in whenever you choose.

Important to know before you opt out:

- ✓ Records shared before your opt-out was processed will not be removed retroactively.
- ✓ Providers outside your primary practice — such as specialists or emergency physicians — may have less information available when treating you.
- ✓ Opting out does not affect the records your individual providers keep in their own systems.
- ✓ You can opt back in at any time by completing an Authorization and Consent form through your provider.

How to Submit Your Opt-Out Request

Option 1: Through Your Healthcare Provider (Recommended)

Visit any participating healthcare provider.

They have the required form on site, can complete it with you, verify your identity, and submit it to us on your behalf.

Option 2: By Mail

Download and print the Request to Opt Out form from velatura.org/grachie.

Complete all required fields.

Have the form notarized to verify your identity.

Mail the notarized form to the address to the right.

Mail to:

GRACHIE | Attn: Consent.
1760 Abbey Road, Ste. 200
East Lansing, MI 48823

Please allow up to 10 business days after your form is received for your opt-out to take effect.